

SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: Sept.29th - Oct.23rd 2025

Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	01	02	03
Beef Meatball	National Day		Chicken	OUDWAY
Tater Tot	for Truth &	Macaroni &	Shawarma Wrap	SUBWAY
Poutine	Reconciliation	Cheese	Falafel	
Veggie Meatball	NO SCHOOL		Shawarma Wrap	
Tater Tot			Shawarma wrap	
Poutine				
06	07	08	09	10
French Toast	Honey Garlic	Sunshine	Spaghetti and	
Yogurt Tube	Chicken Chow Mein	Sandwich	Meat Sauce	Chicken Burger
	Liaman Cardia		Spaghetti and	Veggie Burger
	Honey Garlic Tofu Chow Mein		Tomato Sauce	
13	14	15	16	17
13	DIY Beef Taco	Chicken Pot Pie		17
Thanksgiving	Mix with Beans	Filling with	Honey Ginger	PIZZA
Day	& Cheese,	Dinner Bun	Beef Chow Mein	, ===, ,
NO SCHOOL	Tortilla Chips	Veggie Pot Pie	,	
	Veggie Ground	Filling with		
	with Beans & Cheese	Dinner Bun		
	Tortilla Chips			
20	21	22	23	24
DIY Chicken		T 1. 11.16	Pizza Plank	PRO-D
Finger Wrap	Cheeseburger Pasta	Turkey Hot Dog		DAY
DIY Veggie		Veggie Hot Dog		
Chick'n Wrap				

All Meals include Fruit or Veggie and a small milk