

SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: October 30th - Nov. 24th 2023

Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	.01	02	03
– Spaghetti and Meatballs	Hot Dog	Sweet & Sour Chicken Nuggets with Chow Mein	Chicken Fingers with Fries	SUBWAY
Spaghetti & Veggie Meatballs	Veggie Hot Dog	Noodles S/S Veggie Nuggets ChowMein	Veggie Chicken Fingers-& Fries	- "
06	07	08	09	10
Broken Lasagna with Cheese & Meat Sauce	Sunshine Burger (Egg & Cheddar)	Beef Meatballs with Mashed Potatoes & Gravy	DIY Ghicken Caesar Wrap	Pancakes with Turkey Sausages
Lasagne with Cheese & Tomato Sauce	Same for Veggie option	Veggie Meatballs with Mashed Potatoes & Gravy	DIY Veggie Chicken Caesar Wrap	Pancakes
13	14	15	16	17
STAT HOLIDAY	Chicken Parm on a Bun	Cheese Tortellini with Cream Sauce	Beef Shepherd's Pie	PIZZA DAY
	Veggie Chicken Parm	Same for Veggie option	Veggie Ground Shepherd's Pie	
20	21	22	23	24
Butter Chicken with Rice	Cheese Perogies with sour cream	-Macaroni & Cheese	BBQ Beef Meatballs with Mashed Potatoes	PRO-D DAY
Butter Chickpeas with Rice	Same for Veggie option	Same for Veggie option	BBQ Veggie Meatballs with Mashed Potatoes	

All Meals include Fruit or Veggie and a small milk.



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