

4446 Watling Street Burnaby BC V5J 5H3

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September 21,2023

Dear Parents/Guardians:

On the back of this letter is the menu for October 2<sup>nd</sup> – 31st, 2023 **the** School Meal Program needs your support. The cost of the lunch program for this period is **\$70.00**. The \$70 program cost is the same every month (despite the varying school days per month) because the cost is averaged over the entire school year. On field trip days, students participating in the School Meal Program will be provided with a bag lunch consisting of a sandwich, apple and a juice box.

Recember

New

- 1. **Pay online.** Go to <a href="https://Burnaby.schoolcashonline.com">https://Burnaby.schoolcashonline.com</a> –If paying online Check off "paid online" on EACH CHILD'S lunch envelope. NOTE ENVELOPE MUST STILL BE HANDED IN ON TIME. Online payments can be made until Tuesday 26<sup>th</sup> 2023 **Midnight**
- 2. **Pay by cheque.** Make payable to South Slope Elementary School and print your child's name and division on the front of the cheque. NO POST-DATED cheques please.
- 3. Pay by cash. Exact change only.

**ALL ENVELOPES MUST BE SIGNED AND SEALED.** Every child must have their own envelope to participate in the lunch program.

Please note: We cannot guarantee that all food prepared for the meal program is done in a "nut free" environment, or that any or all ingredients are free from contact with nuts or nut products. Parents please note that on some occasions Pork and Beef are served. We do not substitute lunch for those days and if for religious reasons the child cannot have our lunches please provide one for them.

Sincerely,

Sonia Maglio Principal Please return the <u>signed and sealed</u> envelope to the school by **noon** on:

## TUESDAY SEPTEMBER 26, 2023 Noon

We cannot accept any late orders There will be no exceptions.





## SCHOOL MEAL PROGRAM

Hot Lunch Menu Date: October 2<sup>nd</sup> - 31<sup>st</sup> 2023

Thank you for supporting the School Meal Program

Monday	Tuesday	Wednesday	Thursday	Friday
02	03	04	05	06
STAT HOLIDAY	Spaghetti & Meatballs	Omelette with Potato Wedges	Chicken Fried Rice	Chicken Fingers with_whole
Truth & Reconciliation	Spaghetti & Veggie Meatballs	Same for Veggie option	Egg Fried Rice	Grain Rice Veggie Chicken Fingers / WG Rice
09	10	11	12	13
STAT HOLIDAY Thanksgiving	- Chicken Burger with Potato Wedges  Veggie Burger with Potato Wedges	Beef Meatballs with Mashed Potatoes/Gravy Veggie Meatballs with Mashed Potatoes/Gravy	Garlic Chicken Penne, Peas & Carrots Garlic Powder Mix Penne, Peas & Carrots	Pancakes with Turkey Sausages Pancakes (syrup provided)
16	17	18	19	20
Chicken Parmesan over Rotini Pasta Tomato Pasta Parmesan over Rotini Pasta	Beef Meatball Sub Veggie Meatball Sub	Cheese Tortellini with Tomato Sauce Same for Veggie- option	Beef & Chicken Shepherd's Pie Veggie Ground Shepherd's Pie	PRO-D DAY ALL SCHOOLS
23	24	25	26	27
Topsy Turvy Pasta with Meat Sauce	Cheese Perogies (sour cream)	Macaroni and Cheese	BBQ Beef Meatballs with Mashed	Hot Dog
Veggie Topsy Turvy Pasta with Meatless Sauce	Same for Veggie option	Same for Veggie option	Potatoes BBQ Veggie Meatballs with Mashed Potatoes	Veggie Hot Dog
30	31			
Spaghetti and Meatballs	Omelette Potato Wedges			
. Spaghetti and Veggie Meatballs	Same for Veggie option	-		