



South Slope Elementary / BCSD

4446 Watling Street  
Burnaby, BC, V5J 5H3  
Tel. (604) 296-9062

## JUNE 2019 Newsletter

### SOUTH SLOPE

**PRINCIPAL:**  
Ms. M. Perez

**HEAD TEACHER:**  
Ms. T. Fierro

**SECRETARY:**  
Ms. C. Verlaan

### BCSD

**PRINCIPAL:**  
Ms. C. Bennett

**HEAD TEACHER:**  
Ms. J. Zuvik

**SECRETARY:**  
Ms. S. Cheema

### PAC EXECUTIVES

Kimberley Godwin (C)  
Clint Wieler (CC)  
Charlotte Brown (S)  
Mark Vanderleeden (T)

**Contact:**

southslope.pac@burnabyschools.ca

### FAREWELL GRADE 7 STUDENTS

We have quickly arrived at the end of our school year. Grade 7 South Slope and BCSD students were recognized and celebrated at a leaving assembly on Friday, June 21<sup>st</sup>. On June 20<sup>th</sup> the Grade 7 students were treated to a special luncheon and joined by the South Slope Staff. We wish the following students all the best as they begin the next leg of their educational journey.



### SOUTH SLOPE ELEMENTARY GRADE 7's:

Ava Aghaei Chechakloo, Shahed Al Louz, Megan Cabanas, Kaitlyn Cho, Ling Chou, Zach Coltman-Jewett, Michael Kolesnikov, Logan Kroeker, Henry Liang, Jeremy Lin, Lumi Liu, Brandon Mah, Anson Ng, Justin Ni, Alexandra Palanog, Jessie Pang, Christian Ratzlaff, Darius Sampson, Eric Song, Nikhil Trivedi, Jackie Tseng, Aisha Wang, Justin Wong, Szymon Zemojtel, Zaria Zuvic.

### BC SCHOOL FOR THE DEAF GRADE 7's:

Ghaith Bdaiwi, Jacob Coltman-Jewett, Daichi Hernandez, Treven Kumar, Ke Xin (Cathy) Qian, Samara Tait-Shanoss.



### SOUTH SLOPE ELEMENTARY STAFF CHANGES:

This is the time of the year when we will soon say goodbye to each other for the summer months. There are however, a few adults in the building, who will not be returning for several reasons. I would like to acknowledge these members of our South Slope Community for all the work they have done. We all know that every member of this school community plays a special role in educating children.

**Ms. Hundle** has worked with us at South Slope for two years as the school Counsellor. We thank her for her expertise and commitment to helping students solve problems in peaceful ways and her dedication to working in classrooms to teach Social Emotional Learning strategies.

**Mr. Hunter** has been selected to work as a Head Teacher and will be moving to a new school in the fall. We will miss his compassion towards children, his dedication to student learning, his coaching expertise and his energy. We would like to congratulate Mr. Hunter on his new position.

**Ms. Kappas** came to us partway through the year and worked as an Educational Assistant. We want to thank her for stepping in and helping in a busy classroom where everyone needed her. We hope to see her again someday at South Slope.

**Ms. Shuster** has worked at South Slope for ten years. We are going to miss her kindness and patience and the amazing way that she makes every child and adult feel special. Ms. Shuster is moving to a new school in the fall and we want to wish her all the best in her new adventure.

**Mr. McKay** has been a partner teacher in Division 7 with Ms. Cole and even though he only worked here one day a week, I know his students were excited for Thursdays to roll around. Many of us will miss his yo-yo lessons and ukulele serenades. Best wishes to Mr. McKay.

**Ms. Reuter** has worked at South Slope for seven years in a variety of jobs. She worked in a classroom as a partner teacher with Ms. Sian, she taught ELL and she helped Intermediate students who were working on improving their reading skills. Ms. Reuter will be going on to teach Grade 5/6 at another Burnaby School. We wish her all the best as she takes on her own full-time classroom.

### ***We also want to take a moment to welcome a few NEW members to our South Slope family:***

Ms. Celina Dyczkowski – Primary Teacher, and Ms. Diana Ball – School Counselor  
Ms. Johanna Gasirabo – Educational Assistant

It is possible that there may be a few more additions before we start in September but for now, we would like to warmly welcome these new members to South Slope Elementary.

## BC SCHOOL FOR THE DEAF STAFF CHANGES :

Ms. Catie Sanderson

Ms. Heather Chiles

Ms. Britni Carter-Banah

Ms. Lynda Dewitt



## FIRST DAY OF SCHOOL 2019 FOR SOUTH SLOPE ELEMENTARY:

The first day of school for this next year will be Tuesday, **September 3rd and will start at 9:00am**. This is an important day for students to attend because we count the students and organize our classes during the first week. Please contact the school office if you will be absent or if you are moving. Students will be dismissed at **10:00am** on this first day. Students should return to their former classrooms to begin the week. Parents are welcome to stay in the Atrium as our school PAC (Parent Advisory Committee) will be hosting coffee time there. We welcome parents to visit and mingle while waiting for children to be dismissed.



**Intermediate Supply lists** are on the website. Once students are in their permanent classes, additional supplies specific to the teacher may be requested. Primary teachers will be collecting money for supplies in the fall and will be purchasing shared materials for each class. Watch for important information packages going home during the second week of school.

## SCHOOL OFFICE

Our school office will be open during August 26<sup>th</sup> to August 28<sup>th</sup> for new registrations. All children in Grades one through seven will return to their last year's classroom at **9:00am to 10:00am** on Tuesday, September 3rd. Students will remain in these temporary classes until Friday, at which point class organizations will be fine-tuned. New students will report to room #201 with Mrs. Fierro on Tuesday, September 3rd and will be placed into temporary classes for the remainder of the week. Wednesday regular school hours are 9:00am to 2:00pm and 9:00am to 3:00pm on Thursday and Friday. Important dates for next year are listed on the last page of this newsletter, however please note that a few may be subject to change. Professional Development Days are set.

## KINDERGARTEN STUDENTS

Welcome to our new Kindergarten families. During the summer you will receive a letter with details and information pertaining to your child's first two weeks of gradual entry. The first day of school for Kindergarten students at South Slope is Wednesday, September 4<sup>th</sup>. Your child will be grouped to arrive from 9:00am to 10:00am, or from 10:30am to 11:30am and this information will be in your letters. All students will begin full days starting on Monday, September 16<sup>th</sup>. We look forward to getting to know you all in September!

***Please refer to our magnetic calendars in September and also regularly check our website for important updated information, and upcoming school events.***

**<http://southslope.burnabyschools.ca>**

## "Thank you" to the PAC (Parent Advisory Committee)

I would like to take this opportunity on behalf of our entire school to thank the PAC for all the time they have dedicated to ensuring that our students are supported to the best of their abilities. We have a PAC executive and several members at large. We appreciate all that they do! Their efforts go a long way to help communication and events flow smoothly and in helping our school reach academic and fiscal goals.

# SchoolCashOnline

For safety and efficiency reasons, Burnaby School District wants to reduce the amount of cash & cheques coming into our schools. Please join the thousands of parents who have already registered and are enjoying the convenience of being able to pay ONLINE from anywhere! Registration takes less than 5 min. Please follow the step-by-step instructions below, to begin receiving email notifications for any upcoming field trips/activity/supply fees involving your child(ren).



## Step 1: REGISTER

- If you have not registered yet, please go to the School Cash Online home page at: <https://district.schoolcashonline.com/> and select the "Get Started Today" option.
- Complete each of the three Registration Steps. \*For Security Reasons your password requires 8 characters, one uppercase letter, one lowercase letter and a number.

## Step 2: CONFIRMATION EMAIL

A registration confirmation email will be forwarded to you. Click on the link provided inside the email to confirm your email and School Cash Online account. The confirmation link will open the School Cash Online site prompting you to sign into your account. Use your email address and password just created with your account. If the link doesn't work, copy the link and past it into your web browser. You can also contact support at 1-866-961-1803 or email them at: [parenthelp@schoolcashonline.com](mailto:parenthelp@schoolcashonline.com).

## Step 3: FIND STUDENT

This step will connect your children to your account:

- Enter the School Board Name.
- Enter the School Name.
- Enter Your Child's Student Number, Last Name & Birth Date, then select **Continue**.
- On next page confirm that you are related to the child, and put a "check" in Agree box, select **Continue**.
- Your child has been added to your account.

### Find Student

#### School Information

School Board Name:    
(Clicking here will search for all different school boards.)

School Name:

#### Student Information

Do you have the student number? ☐

Student Number:

First Name:

Last Name:

Birth Date:    
Date format: mm/dd/yyyy

**Continue**

(No students? [Click here](#))

## Step 4: VIEW ITEMS OR ADD ANOTHER STUDENT

If you have more children, select "Add Another Student" and repeat the steps above. You can attach up to 8 children to a parents account. If you do not wish to add additional children, select "View Items for Students" option. A listing of available items (field trips/activity/supply fees) will be displayed.



## Whitecaps FC Partner School Offer

# Buy one, get one free!

Buy a ticket for the Colorado match and get the Cavalry FC match free.



+



Saturday, June 22  
7 p.m. at BC Place

Wednesday, July 24  
7:30 p.m. at BC Place

From \$33<sup>All In</sup>

Offer expires June 21.



Section	Pricing <sup>1</sup>
■ Endline <sup>2</sup>	\$33
■ Corners	\$42
■ Sidelines	\$58

To book your tickets, please visit [whitecapsfc.com/schools](http://whitecapsfc.com/schools)





## Kid Summer Camps! Entrepreneur Programs



**1 Week, Full Day Summer Camps Registering Now!**  
**Space is Limited, Find a Learning Lab Near You**

Through Entrepreneurship your child will learn critical & practical skills such as problem solving, financial literacy, public speaking, resiliency, communication, leadership & more!  
Programs designed for ages 7-13 years

## 2 KidPrenuer Camps to Choose From!

The Lemonade Stand Challenge! &  
Welcome to Inventors Paradise!



Visit our website for more information  
on program details & dates  
[www.BuildaBizKids.com](http://www.BuildaBizKids.com)



## PLAY SOCCER!

With Burnaby's **ONLY ALL GIRLS** Club

**Girls**  
**U5 to U12**  
2015 to 2008 born  
**Teams**  
**forming now**



Season runs September to  
Spring Break

### U5/U6/U7

- Indoor Games Sundays 12-2 pm at Burnaby 8 Rinks
- U5/U6 Gym Practices on Wednesday or Thursday nights
- U7 Practices on Tuesday, Wednesday or Thursday nights

### U8/U9/U10

- Games on Sundays at Riverway Complex
- U8/U9/U10 practices on outdoor turf, indoor gyms in inclement weather

### U11/U12

- Games on Sundays at Heights grass fields and Byrne Creek HS turf field
- Practices on various nights

Friday Night Academy and Cascadia Spring League programs

**REGISTER NOW AT: [www.bgsc.ca](http://www.bgsc.ca)**





## **DIGIPEN INSTITUTE OF TECHNOLOGY @ Cariboo Hill Secondary**

### **PROGRAM BENEFITS**

- BC is recognized as an international digital entertainment centre for console and mobile game production, and app design. As a result, video game production companies, including EA Sports, Capcom, Black Tusk Studios, Relic Entertainment, United Front Games have strategically chosen locations in Metro Vancouver and employment opportunities in this industry are expanding.
- DigiPen courses provide students with an opportunity to participate in the curriculum of a recognized video game university (DigiPen) while gaining valuable experience in hands on game creation.
- Cross Curricular connections will include Math, Geometry, Physics, Computer Science and the Arts.
- Earn elective credits in grades 10, 11 and 12.

### **COURSE SEQUENCE**

#### **GRADE 8 (2 BLOCKS)**

##### **Junior Programming Level 1**

This class teaches the fundamentals of programming and how following good practices results in solid code. Topics covered will include variables, conditional statements, looping and iteration, and arrays. Students use their knowledge of these core concepts to create a series of simple computer games.

##### **Students will learn:**

- Fundamental programming concepts
- Algebraic expressions and mathematical operators
- Programming for games

##### **Junior Programming Level 2**

Expanding on the knowledge and skills learned in Junior Programming Level 1, students will study more advanced programming concepts — allowing them to create more exciting and robust projects. Topics covered include functions, strings, and graphical programming. This workshop includes larger projects that incorporate concepts from both Junior Programming Level 1 and Level 2.

##### **Students will learn:**

- Intermediate programming techniques
- Graphics principles and Cartesian mathematical concepts
- Design and execution of larger programming projects



## **Digital Animation Program – Going into Grades 8 & 9**

This program was created in partnership with the Vancouver Animation School for students interested in learning how to create digital art. Students work with a specialist teacher in a hands-on environment to learn and build upon digital and traditional drawing skills, work with specialized drawing tools as well as industry level programs such as Autodesk, Adobe Photoshop and Animator CC.

**Dates:** July 3<sup>rd</sup> – July 26<sup>th</sup>

LOCATION: Cariboo Hill – 8:00am – 10:30am – Course # 6000

LOCATION: Cariboo Hill – 11:00am – 1:30pm – Course # 6001

Please go to: <https://burnabyschools.ca/summersession/> to register.

## **2D Game Development: Creating "8-Bit" Arcade Wonders**

The DigiPen Institute of Technology will be offering a one week workshop in 2D game development at Cariboo Hill for students entering Grades 7, 8, or 9 in September 2019. Using a game engine, students will apply concepts from math, physics, art, and logic as they create games that pay homage to the highly successful arcade games of the 1980's. Each student will have the opportunity to work in a small team to create a capstone project.

**Date:** July 29 to August 2

**Time:** 9:00 a.m. to 3:00 p.m.

**Location:** Cariboo Hill Secondary

**Fee:** \$265.00/student

This course is an excellent introduction for those who may be interested in joining the DigiPen Game Development Academy being offered at Cariboo Hill Secondary. For more information about this program, please go to:

<https://burnabyschools.ca/careereducation/digipen-gaming-academy/> to register





# HOW NOT TO BUBBLE WRAP KIDS

## LEARNING HOW TO USE DAILY STRESS TO DEVELOP RESILIENCE

If you've paid attention to the media recently, you might now believe that any stress is bad for a child's physical and mental health, that stress has reached epidemic proportions, that you need to do everything you can to reduce the amount of stress in your life and that various products from supplements to special water to squeeze balls will decrease your child's stress and make them healthy.

BUT the science says that this isn't true. In fact, experiencing and learning how to use stress is an important part of having good mental health and there is no evidence that any of the highly marketed stress reduction products are any more helpful than going for a brisk walk!

**Mental health** is the capacity to successfully adapt to life's circumstances. It does not mean happiness nor does it mean not having negative feelings, worries, or difficulties. It includes the experience of stress and the use of that experience to help your child learn new skills and effectively address the many and frequent challenges of life, now and in the future.

*This means that someone with good mental health isn't someone who avoids or is protected from experiencing stress, but instead, someone who uses the stress they experience to learn and grow.*

## THE LANGUAGE OF STRESS

**Stressor:** An event that triggers the stress response in your body. It can be an internal event, like a thought, or an external event, like a social interaction, sound, chemical, etc.

**Stress Response:** Your body's signal that you need to adapt and change in order to accommodate or deal with the stressor. This signal includes your heart racing, palms sweating, shortness of breath, butterflies in your stomach, and more.

## DIFFERENT TYPES OF STRESS

There are different types of stress and, actually, most daily stress is good for you!

**Positive:** Positive stress is short-term and it helps us learn how to adapt and grow. Situations that cause positive stress can be positive or negative (e.g., writing an examination, giving a presentation, calling someone you don't know, not making the school team, etc.) and happen daily – often multiple times a day.

**Tolerable:** Tolerable stress is also short-term but involves situations where there is more serious impact (e.g., someone dying, parent's divorce). It occurs multiple times throughout your life and as long as you have supportive relationships around, is unlikely to have any lasting negative consequences.

**Toxic:** Toxic stress is prolonged and extreme (e.g., abuse, neglect, violence), but for most young people, this is rare. Many will go their whole lives without experiencing toxic stress.

Toxic stress is the only type of stress that's actually bad for you. Experiencing positive or tolerable stress actually makes us stronger, healthier and more understanding human beings!





# 2019 – 2020 Pro-D Days - No School



2019

**FRIDAY, SEPTEMBER 20**All Secondary Schools

Buckingham  
Cameron  
Douglas Road  
Forest Grove  
Gilpin  
Glenwood  
Lakeview  
Lyndhurst  
Montecito  
Rosser  
Stride Ave. Community  
University Highlands  
Westridge  
PRP – Maples  
PRP – Fraser Park

**MONDAY, SEPTEMBER 23**

Aubrey  
Lochdale Community  
Maywood Community  
Seaforth  
Second Street Community

**FRIDAY, SEPTEMBER 27**

Armstrong  
Brantford  
Capitol Hill  
Cascade Heights  
Clinton  
Edmonds Community  
Gilmore Community  
Inman  
Marlborough  
Morley  
Nelson  
South Slope (BCSD)  
Sperling  
Stoney Creek  
Suncrest  
Taylor Park  
Twelfth Ave.

**MONDAY, SEPTEMBER 30**

Brentwood Park  
Kitchener  
Parkcrest  
Windsor

**MONDAY, OCTOBER 7**

Chaffey-Burke

**FRIDAY, OCTOBER 25**All Schools

PRP – Maples  
PRP – Fraser Park

**FRIDAY, NOVEMBER 22**All Schools

PRP – Maples  
PRP – Fraser Park

2020

**MONDAY, JANUARY 20**

Confederation Park

**FRIDAY, JANUARY 24**

Gilmore Community

**MONDAY, JANUARY 27**

Forest Grove

**FRIDAY, FEBRUARY 28**All Schools

PRP – Maples  
PRP – Fraser Park

**MONDAY, APRIL 27**All Schools

PRP – Maples  
PRP – Fraser Park

**FRIDAY, MAY 15**All Secondary Schools

Armstrong  
Glenwood  
Lochdale Community  
Suncrest  
University Highlands  
PRP – Maples  
PRP – Fraser Park

**MONDAY, MAY 25**

Brantford  
Maywood Community  
Windsor

**FRIDAY, MAY 29**

Montecito

**MONDAY, JUNE 1**

Brentwood Park  
Capitol Hill  
Cascade Heights  
Douglas Road  
Gilpin  
Inman  
Lakeview  
Morley  
South Slope (BCSD)  
Stoney Creek Community

**FRIDAY, JUNE 5**

Aubrey  
Cameron  
Clinton  
Edmonds Community  
Kitchener  
Parkcrest  
Rosser  
Seaforth  
Sperling  
Stride Ave. Community  
Taylor Park  
Twelfth Ave.

**MONDAY, JUNE 8**

Buckingham  
Chaffey-Burke  
Confederation Park  
Marlborough  
Nelson  
Second Street Community  
Westridge

**FRIDAY, JUNE 12**

Lyndhurst